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Partners Sharing the Love of Christ

FRONTLINES

CBN PARTNERS
ARE **FEEDING THE**
WORLD'S HUNGRY



WHEN LOSING POWER, MEANS LOSING LIFE

You save lives in so many ways

Life-Sustaining Power

It was only a power outage, but that was all it took to end lives. At a little hospital in Burundi, East Africa, electricity was unstable and power outages were frequent. Each loss of electricity meant incubators, oxygen machines, and other lifesaving equipment would shut down.

Not only were the patients on life-support in danger, but the loss of light and anesthesia meant that doctors were working in the dark without the proper equipment.

But thanks to generous partners, a solar-power system was sent to the hospital, and now they never need to worry about losing electricity again. Friends like you make it possible for a baby named Lathi to live a healthy life. This new power system ensured that she had access to oxygen as she recovered from a heart condition.

Reliable solar power saved Lathi's life.



You Save Lives

Malnutrition is a severe problem for children in Burundi, so with your help, CBN's Operation Blessing worked with a local hospital and fed many children. Each week, the children receive multiple nourishing meals, and were given food to take home as well.

Ndikumana didn't know how to get enough food for her baby until she found the food program. She began attending with her young child, who was sick and underweight. But soon, after the regular healthful meals, her child began to thrive!

In addition to food, you provided life-changing surgeries for those in desperate need. Young Willy fell off his bike and broke his leg severely. Because of faithful partners like you, he was able to receive the operation he needed. Thank you for having a heart for these hurting people. You are the hands and feet of Jesus.

YOU CAN SEND HELP FASTER

Now, through CBN's Pledge Express, your gift goes to work with the greatest speed to help those in need. Advantages to using Pledge Express include:

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CHANGING A YOUNG BOY'S LIFE

Mending a young boy's broken spirit

We met Garod* at a CBN's Orphan's Promise summer camp in Armenia. This 12-year-old boy was smart, responsible and organized, but his eyes revealed a dark sadness.

He is a new creature in Christ because of caring CBN friends.



It was discovered that his mother worked in another country and his father was unknown. His grandmother raised him and other family members in a tiny apartment. Garod and his grandmother frequently argued, and he refused to go to school.

Thanks to friends like you, the Orphan's Promise Training Center changed young Garod's life! He soon excelled in computer classes, and the once depressed and irritated boy became active, talkative, sociable—and respectful to his grandmother.

"My Garod no longer argues with me," she expressed. Garod explained, "Grandma, we have been taught how to do the right thing." Best of all, he and his grandmother both received Jesus as their Savior!

** Named changed.*

"WHO CREATED THE WHOLE WORLD?"

A little girl's search for truth leads her to God

Chan-Rey loved to watch the sun rise over her village in Cambodia. As she stood there, the 11-year-old girl would wonder, "Who created the whole world, and who made the first human?"

One Sunday, a friend invited her to church. They were showing "In the Beginning," a Superbook episode CBN partners made possible. "The story was amazing!" Chan-Rey said.

Afterward, Chan-Rey prayed to become a Christian—and even shared the Gospel with her parents and sisters. Now they all know Jesus!

But a few weeks later, the coronavirus pandemic hit. The lockdown closed Chan-Rey's family's business. Instead of worrying, they began praying.

Then, because of your support, CBN's Orphan's Promise arrived, partnering with the local church and bringing much-needed groceries to the villagers. "Thank you for giving me food in the season of COVID-19!" Chan-Rey expressed. "And thank you for Superbook, which helped me know Jesus!"



Chan-Rey's family now know their Creator and Provider. Thank you!

CBN PARTNERS ARE FEEDING THE WORLD'S HUNGRY



According to the World Health Organization, approximately 2 billion people are unable to obtain enough nutritious food to feed themselves and their families. But you are helping to ease the suffering of those who are hungry and those who suffer from malnutrition. Because of caring partners like you, CBN's Orphan's Promise and CBN's Operation Blessing are working hard to make sure that families have access to healthy food, both here in America and around the world.

Helping a starving mother in Thailand

"I felt like I was trapped in the dark and I couldn't find a way out," said Ploy as she recalled when COVID-19 hit Thailand and she was forced to close her food business. She didn't know where to turn for help. "It was the worst moment of my life," she said, remembering how she used the last of her money to buy a package of noodles so that she and her daughter could have one last meal together.

But Orphan's Promise discovered their plight and came to the community to deliver food packs filled with rice, eggs, noodles, fish and milk. They even helped Ploy reopen her business once the government lifted restrictions. "You helped us and brought us joy, and now we share that joy with others," Ploy said. "Thank you!"

Supplying food to a single mother in Georgia

When Nancy was a young girl, she knew she wanted to provide a loving home for foster children. "I wanted to do it since I was 13," she explained. "It just appealed to me." Today, Nancy is the mother to one adopted son and four foster children, all of whom are autistic. Since she began fostering, however, she has taken in 50 different children.

It can get expensive to take care of all the children, and now at age



The support of friends like you feed hungry families nutritious meals.

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70, Nancy is on a fixed income, and can't afford enough food for her children. So when she found out that a local Operation Blessing partner could provide her with all the food she needs, as well as hygiene items, she said it was "a blessing."

"This place has helped so much with the food!" she said joyfully. "I can't think of anything that I get that isn't helpful. The chicken broth, the cereal, the cleaning products—what a blessing! It's wonderful!"

Providing for a desperate family in Myanmar

Kyi Kyi and her daughter Chaw Su work hard each day to sell their woven mats to their neighbors in their Myanmar village, just to put food on the table for themselves and for Kyi Kyi's elderly father.

But when COVID-19 hit, they could barely afford any food at all and were forced to pawn their belongings and borrow money from neighbors. "All I had left was 37 cents,"

said Kyi Kyi. "I didn't know what to do."

Just as they began to lose hope, something wonderful happened. Operation Blessing arrived in their village and brought this precious family much-needed food, groceries, and even a large sack of rice. "I am so thankful and happy for the help you gave us," said Kyi Kyi. "Your help came just when we needed it!"

Reaching out in so many other ways...

Thanks to generous friends like you, these families now have access to living essentials including nutritious food. But you are doing so much more. Your continued support helps make it possible to rebuild homes after natural disasters, sponsor life-changing surgeries, and proclaim the Gospel message of Jesus through Christ-centered programming. Thank you for all you do to care for the people of the world.



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CBN NEWS: HEALTHY LIVING

THE MICROBIOME DIET

Fighting disease with a healthy gut

“There are trillions of bacteria within our gut,” says Dr. Raphael Kellman, author of *The Microbiome Diet*. “They outnumber our own cells 10 to one. That means we’re mostly bacterial cells, and they play a vital role in maintaining our health and improving our health. And when it’s not healthy, it can have an adverse effect on our body.”

For example, Dr. Kellman says, communities of bacteria in our body known as the microbiome are altered in those who develop serious effects from the COVID-19 virus. So it’s important to

Take back your health with gut-healthy foods.



keep gut bacteria healthy by taking probiotics and prebiotics. He also recommends taking vitamin D to prevent viruses and disease in general.

“Everyone should be taking vitamin D,” he explained, “and many people have a zinc deficiency.” For this reason, Dr. Kellman recommends a multivitamin that contains zinc.

Diet also matters. He says it’s critical to focus on healing the gut with microbiome superfoods like jicama, Jerusalem artichokes, leeks, and fermented foods, along with a more plant-based diet in general. This is critical because the gut plays a significant role in both physical and mental health.

“If you start eating like this, you’re not going to want the typical American diet,” says Dr. Kellman. “You’re just not going to desire unhealthy foods, because when you regulate your bacteria, it will cause you to want to eat healthy foods. We are born to eat healthy foods, and that desire is linked to the healthy bacteria.”

This information is not medical advice. Consult your physician before taking a supplement or changing your diet.

CBN’S OPERATION BLESSING: COVID-19 RELIEF

“IT SAVED US”

Helping rescue first responders

Their medical careers had seriously damaged their bodies. “All the years of lifting patients, it takes a toll on your back,” Edie shared. She and her husband, Robert, underwent surgery for back and neck injuries.



First responders thank CBN partners for caring.

Finally, this husband and wife team left their 20-year careers as EMS first responders. Robert’s injuries prevent him from working, so Edie worked retail—until COVID-19 struck, and she was laid off. Edie was receiving food stamps to help buy food, but finances were still incredibly tight. Thankfully, a neighbor told her that a church near their North Carolina home partnered with Operation Blessing’s Food to Freedom program, supported by friends like you. “It saved us,” Edie said with deep appreciation to partners. “This has really helped us. ... Thank you.”

Save on Taxes While You Make an Impact

Rolling over your IRA’s “Required Minimum Distribution” can reduce your tax bill while supporting a cause you care about. Compare taking your RMD versus making an IRA Charitable gift to CBN.

REGULAR RMD

- You pay income tax on your distribution
- May push you into a higher tax bracket
- Your tax dollars go to Uncle Sam

IRA CHARITABLE GIFT

- You will pay no income tax on your gift
- Qualified Charitable Distribution counts toward RMD
- You can designate your gift the way you want

For more information contact us by email at PlannedGiving@CBN.org and visit [CBNLegacy.org](https://www.CBNLegacy.org)



SEEN ON THE 700 CLUB

YOUR QUESTIONS, HONEST ANSWERS

WITH PAT ROBERTSON



What is the purpose of life?

The Westminster Confession of Faith says, “Man’s chief aim is to glorify God and enjoy Him forever.” God made us in His image to give Him praise, to give Him enjoyment, and to enjoy Him.

There’s a great God, and there’s an evil force named Satan. God put human beings in the midst of that to say, “Here are people made in My image and I’m going to prove that love will triumph over evil.”

The devil has shot at us and God gave His Word to us and we’re in the middle. We are a witness to principalities and powers and to created beings throughout the universe of who God is. And when we love God, we bring glory to Him.

Do you have a question for Pat?

Log on to [CBN.com/AskAQuestion](https://www.CBN.com/AskAQuestion) and follow the instructions.



If you need prayer, please call our Prayer Team at 800-700-7000.

BECOME THE PERSON GOD MADE YOU TO BE



*A New Year's Prayer That Will Change
Your Life*

by GORDON ROBERTSON
President and CEO



As we begin a new year, it's wonderful to know that God makes us new!

We are *fearfully and wonderfully made*, says Psalm 139:14, and Genesis 1:27 tells us we are made in God's image.

Sadly, sin interferes with His perfect plan—but when you give your life to Jesus and trust in His forgiveness and grace, you are transformed. You're not changed into something completely different from yourself; rather, He makes you what you were originally created to be. You truly become you!

With this transformation come the good things that He has in store for you and the good works that He has for you to do. As Ephesians 2:10 says, *For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them.*

These plans are made uniquely for you by an all-

wise God. They will show you His path, give you hope, fill you with purpose, and satisfy the desires of your heart.

The world wants people to think there's no hope and no future. But in God's kingdom, that's not true!

You are His beloved child, fearfully and wonderfully made in His image. He takes you from an ash heap, puts a crown on your head, and makes you part of His royal priesthood. That is God's truth, and that is what He wants for you.

So start this new year by praying, "God, I want everything that You have for me. I want to fulfill my purpose and all that You have laid out for my life. I don't want to miss out on anything. I want every good thing that you have for me in Christ Jesus."

When you pray that with all of your heart, He will answer. God bless you!

Scripture is quoted from the NKJV.

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